1:Campbell E-5 (1954-1955)1964
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for physical survival. A man's state of grace is never static, always dynamic. He strains towards God but is ever pulled downward by the weight of the human condition of sin; yet periodically the saving grace of Christ's blood allows him again to approach nearer to God.

The receipt of the sacrament is not a passive act. Men must give some pledge of their will to turn to God. At the greater religious festivals, Christmas, Easter, St. George, the feasts of Assumption and St. Demetrius, when they may communicate, Sarakatsani sacrifice a lamb or sheep (θυσιάζουν, χάνουν κουρμπάνι). Other occasions when sheep are slaughtered are similarly religious as well as social events, weddings, baptisms, or the dedication (τάξιμο) of an animal to a Saint if men or sheep fall sick. Sheep are never killed for meat but only in the form of sacrifice. Preferably the animal should be male and 'clean', that is a lamb, or a ram that has not mounted a ewe. The sheep is believed to know its fate to which it goes quietly and willingly. In describing forms of sheep theft I have suggested that the sheep which support the life and honour of a family have a spiritual as well as an economic value. Of the white Easter lamb they say, 'we bleed it to honour Christ' (τὸ ματώνομε νὰ τιμήσωμε τὸν Χριστό). A shepherd skins a sheep with swift and confident strokes of the knife but his face is strained and concentrated as he cuts into the artery in the animal's neck. With this sacrificial stroke he gives something of himself. The Sarakatsani are conscious of this element of reciprocity. As Christ pours out his blood to open a way between men and God, so the Sarakatsanos pours out the surrogate blood of his sheep to the same end. And since the sheep is the means of establishing a partial relationship between man and God, those who share its flesh are participating in a form of sanctified communion. And, for the same reason, God chooses to communicate intelligently with men through the shadow markings on the shoulder blade and the condition of the liver.

A man must prepare himself in other ways. He must fast for forty days before the beginning of the 'Great Week', and in this matter the Sarakatsani are more strict than many villagers. Olives, cheese, eggs, milk, meat, fish are not eaten. During Easter week itself even bread is abandoned and the

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families live for the last few days on vegetable soup, beans, and coffee. For this week, at least, the ancestral sins of sensuality and envy must be suppressed. The community becomes continent and unrelated men behave towards one another with unaccustomed warmth and goodwill. A man must truly repent his personal sins. Whenever a confessor is within reach, he ought to make a confession of his sins before taking communion. He must approach God with a 'good heart'. In these ways a man to a degree, loosens the hold which material things and the senses hold over him and, in some measure, is purified so that he may receive into himself the divine element. The Sarakatsanos believes that if he is properly prepared ritually and spiritually to receive the sacrament, then his sins are forgiven. The wine he drinks is indeed the blood of Christ (the body is seldom mentioned) and it is considered a sin if any man suffers a fit of vomiting in the 40 days which immediately follow communion. It is also described as a remembrance (ἐνθύμιον) of Christ. Thus the wine is at one and the same time a symbol of the first sacrifice and a material substance in which divine energy exists. It represents, and it is, the blood of Christ.

4. SOCIAL VALUES AND RELIGIOUS IDEALS

At the risk of some repetition, the problem of the opposition of two systems of values, one social the other religious, has yet to be explicitly considered. This community of Sarakatsani, whose coherent and distinctive traditions suggest, in the absence of any certain historical proofs, that it may have existed since, at least, the late Byzantine period, possesses a body of social values based upon a number of simple and unambiguous concepts of honour, strength, prestige and pride. And in the previous chapter I have emphasized the exclusive and particularist form of these social ideals. Yet throughout this period the community has belonged to an Orthodox Christian civilization. Allowing for its primitive material culture and geographical isolation, it has clearly been profoundly influenced by this wider membership as, for instance, even a cursory examination of Sarakatsan wood-carving immediately suggests. Although it is true that the relationship of the Sarakatsani to the Orthodox Church, as an institution, has been sufficiently tenuous to result in a popular religious life that is a gross

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751 used as such far back in Oriental antiquity. The blue ball is a protection
789 against the evil eye. (65) And the wing of the bat makes a man charming
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65. See above the special section on this subject and the footnotes.

and insures his success in romance. (66)

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66. The use of the bat for magical ends is encountered in several traditional Greek communities (Epirus, Crete, Thrace, etc.), especially to make sure of a person's love. See Ph. Koukoules: Ibid., vol. A. II, p. 230. According to this author, at Kallipolis in Thrace the rejected lover desiring to win the lady of his dreams, cuts the throat of a bat with a gold piece and puts its spinal column beneath the church altar. Success is assured if he manages to touch his beloved with this bone. The same practice existed in Byzantium: M. ΨΕΛΛΟΣ: [illegible]

178 It seems that the Sarakatsani amulets testify to the survival of magico-religious beliefs of the east Mediterranean peoples, stored up in their souls in superimposed layers.

789 If Sarakatsani magic has to be very much concerned with children who "perpetuate the race," it must likewise be solicitous of the couple who represent the foundation of society.

789 During the nuptials, at the moment when the groom appears at the
585 dwelling of his fiancée, the latter's mother puts a rope around him. Then she smacks his face and all his attendants dash toward him and smack him also. We must see in this treatment an act that has a double meaning.
178 First, it is a survival of an ancient rite of flagellation with switches,
785 aiming at fecundity and abundance. (67)

67. On ritual flagellation see: Van der Leeuw: Ibid., p. 190.

716 And also it is a means of warding off the bad spirits and the harmful

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771 /339 cont./
postulate of representation.
[602] Under the table where a feast is served after the burial an iron
765 object is placed. This will transmit its solidity to the participants
771 and protect them from a new attack by Charon who is presumed to be
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789 loitering about in the vicinity. (16)
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16. In numerous societies "iron keeps away all kinds of phantoms." See K. Birket-Smith: Ibid., p. 400.

/340/ ETERNAL REST AND THE CONTINUATION OF LIFE.

775 The interdependence of the living and the dead (mentioned briefly
764 above) preached by Christianity on behalf of the repose of the soul and
783 carried out by forgiveness, also occupies a place in the funeral customs
771 of the Sarakatsani. Of course, our herders do not formulate their forgiveness of the dead in a simple thought or phrase, as suggested by the Gospel, which says that all contact with the beyond can be only spiritual, but they surround it with a complex ritual.

765 After the burial and in conformity with ancient customs of the
264 country, a feast brings together, as we have said above, all those who were present. Food without meat is eaten and wine is drunk. Rice is
[262] forbidden for, as a symbol of rootedness and increase, it is in danger of causing evil to take root and multiply. The nearest relatives do not eat,
[602] and this for two reasons: the one social, the other religious. The people
[261] in mourning must not show appetite. And it is necessary to observe a
[785] fast for the repose of the soul of the deceased--a further manifestation of solidarity between the living and the dead. It is while drinking that a wish is formulated for the eternal rest of the deceased. Moreover, one
[533] chants anew the miroloia which emphasize distress at departure from this
[775] world and the deprivation of the joy of living, but which likewise express the conviction that life is agreeable even in the other world.

/342 cont./

761 182 Ultimately, the dead person himself becomes the source of life, for he knows the secrets of life and death, he is in contact with the earth, he is likened to the seed.

761 789 751 One Sarakatsani practice is very revealing in connection with what we have said. When someone dies in armed combat (vengeance, a brawl, defence of pastures, etc.), his weapon is unloaded, the powder is poured into water and when the dregs have formed, the liquid is drunk, for it constitutes an excellent means of protection against illness. If the person killed used his weapon before falling, the gun is washed and one proceeds in like manner with the water that is left over. The efficacy of the procedure lies in the transmission to the living of the regenerative capacities of the deceased, combined, to be sure, with those of the powder which is both strong and anti-demonic.

SARAKATSANI RELIGIOSITY AND THE SOCIAL FUNCTIONS OF RELIGION

791 The Sarakatsani attach extreme importance to their religion. Several manifestations testify to this.

(353) (778) On the wall of the hut opposite the entrance one can see the "iconostasis": the icons are fastened there and in front of them burns a candle (fig. 103).

771 785 261 Then again, the Sarakatsani adheres scrupulously to the rule of fasting during the days or periods of the year prescribed by the Orthodox Church" 50 days before Easter, 15 days before the Assumption, 40 days before Christmas, every Wednesday and Friday, on the occasion of certain (474) (594) (688) holidays, etc. The Tséligas watches strictly over the observance of these rules. If he catches someone consuming milk products, eggs, oil, meat or fish during these days he expels them from the Tséligato.

771 794 479 596 On the occasion of the major religious holidays (Christmas, Epiphany,